

Final Results

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Category	Pos	No	Cat	Name	Time	Remarks
Women 60 km	1	557	WL	Hannele Steyn-Kotze	03.00.32	
	2	531	WL	Hanlie Booyens	03.03.27	
	3	552	WL	Des Loubser	03.36.20	
	4	542	WL	Elsabe Hofmeyr	03.45.55	
	5	501	WL	Louise Ferreira	03.52.00	
	6	549	WL	Brenda De Jager	03.53.07	
	7	558	WL	Leana De Jager	03.57.43	
	8	572	WL	Estelle Labuschagne	04.04.26	
	9	538	WL	Trix Thompson	04.06.47	
Category	Pos	No	Cat	Name	Time	Remarks
Men 60 km	1	573	ML	Jacques Rossouw	02.29.50	
	2	508	ML	Johnny Kritzinger	02.30.08	
	3	563	ML	Cornelius Muller	02.32.40	
	4	570	ML	Petrus Malherbe	02.45.08	
	5	503	ML	Jan Schutte	02.47.42	
	6	576	ML	Craig Boyes	02.50.03	
	7	535	ML	Grey Van Tonder	02.50.06	
	8	566	ML	Gustav Hefer	02.54.16	
	9	544	ML	Wim Botha	02.55.04	
	10	571	ML	Renay Groustra	02.56.29	
	11	532	ML	Willie Roux	02.56.56	
	12	577	ML	Alex Naude	02.56.59	
	13	574	ML	Charl Du Plessis	02.58.58	
	14	537	ML	Chris Roux	02.59.11	
	15	529	ML	Johann Strombeck	03.01.47	
	16	562	ML	Stefan Hugo	03.08.05	
	17	569	ML	Franks Smuts	03.08.07	
	18	555	ML	Fourie Kotze	03.11.22	
	19	588	ML	Hein Bingle	03.13.28	
	20	536	ML	J Le Roux	03.15.01	
	21	519	ML	George De Kock	03.19.17	
	22	548	ML	Cornel Dippenaar	03.19.18	
	23	550	ML	Frikkie Hartog	03.21.35	
	24	568	ML	Mike Vomund	03.22.38	
	25	525	ML	Paul Gripper	03.25.19	
	26	506	ML	Louis Knipe	03.28.12	
	27	551	ML	Pieter Van Rooyen	03.28.13	
	28	533	ML	Paul Olivier	03.35.33	
	29	585	ML	Wentzel Van Der Merwe	03.37.34	

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Category	Pos	No	Cat	Name	Time	Remarks
	30	582	ML	Ismail Mammon	03.39.22	
	31	515	ML	Graeme Hope	03.44.44	
	32	561	ML	Fanie Roux	03.45.53	
	33	567	ML	Deon Basson	03.48.34	
	34	556	ML	Jaco Weideman	03.49.00	
	35	520	ML	Moller Nel	03.49.16	
	36	543	ML	Jan-Hendrik Hofmeyr	03.49.58	
	37	521	ML	Maik Hotzkow	03.50.38	
	38	579	ML	Grant Oosthuizen	03.50.40	
	39	522	ML	Hans Scheffler	03.52.02	
	40	534	ML	Garth Shaw	03.54.15	
	41	518	ML	Japie Swanepoel	03.56.05	
	42	541	ML	Johann Anderson	03.56.06	
	43	514	ML	Werner Hattingh	03.56.30	
	44	564	ML	Braam Louw	03.56.32	
	45	505	ML	Tim Ferreira	03.59.43	
	46	587	ML	Ron Dorr	03.59.45	
	47	540	ML	Desmond Lambrecht	03.59.52	
	48	546	ML	Piet Carinus	04.00.47	
	49	578	ML	Andre Immelman	04.01.20	
	50	502	ML	Charel Uys	04.02.16	
	51	524	ML	Steve Armstrong	04.05.47	
	52	511	ML	Gary Phipson	04.06.31	
	53	586	ML	Gerhard Van Der Merwe	04.10.52	
	54	527	ML	Werner Gerber	04.17.21	
	55	512	ML	Martin Gleeson	04.18.39	
	56	539	ML	Luther Lombaard	04.36.57	
	57	526	ML	Koos Van Der Merwe	04.43.48	
	58	559	ML	Nicolai Van Der Merwe	05.05.21	
Category	Pos	No	Cat	Name	Time	Remarks
Women 30 km	1	1010	WM	Esther Lategan	01.30.14	
	2	1079	WM	Tandi Kitching	01.46.06	
	3	1001	WM	Christina Le Roux	01.49.42	
	4	1012	WM	Saretha Slabber	01.51.18	
	5	1008	WM	Elsje Scheffler	02.01.17	
	6	1107	WM	Sune Jordaan	02.04.51	
	7	1004	WM	Janette Coetzee	02.09.27	
	8	1115	WM	Deidre Jacobs	02.12.19	
	9	1007	WM	Milena Petrov	02.14.40	

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Category	Pos	No	Cat	Name	Time	Remarks
	10	1140	WM	L Van Zyl	02.19.44	
	11	1009	WM	Marlene Meiring	02.26.22	
	12	1011	WM	Johanette Van Der Merwe	02.28.48	
	13	1058	WM	Bea De Klerk	02.34.32	
	14	1159	WM	Alice Pohl	02.34.52	
	15	1153	WM	Mariette Marais	02.39.19	
	16	1154	WM	Elize Erasmus	02.39.46	
	17	1091	WM	Jeanette Lombaard	02.45.38	
	18	1092	WM	Rista Coetzee	02.45.58	
	19	1056	WM	Susan Van Der Merwe	02.46.01	
	20	1119	WM	Nicole Greyling	02.58.10	
	21	1136	WM	Anne Foale	02.58.56	
	22	1127	WM	Lynne Tucker	03.22.03	
	23	1128	WM	Audrey Rabie	03.33.49	
	24	1146	WM	Amanda Rabie	03.33.52	
	25	1129	WM	Hester Naude	03.34.00	
Category	Pos	No	Cat	Name	Time	Remarks
<i>Men 30 km</i>	1	1042	MM	Brent Russell	01.15.41	
	2	1097	MM	Louis-Bresler Knipe	01.17.57	
	3	1041	MM	Dawid Pienaar	01.23.54	
	4	1104	MM	Johann De Bod Jnr	01.24.45	
	5	1046	MM	Alexander Smook	01.27.32	
	6	1116	MM	De Villiers Britz	01.28.38	
	7	1122	MM	Albert Anderson	01.30.12	
	8	1034	MM	Luke Southam	01.32.00	
	9	1126	MM	Nico Stofberg	01.32.06	
	10	1045	MM	Izak Singleton	01.34.22	
	11	1022	MM	Jannie Van Der Merwe	01.35.24	
	12	1096	MM	Alwyn Naude	01.36.05	
	13	1061	MM	Johann Strombeck Snr	01.36.07	
	14	1083	MM	Berned Brewis	01.36.14	
	15	1055	MM	Kurt Eriksen	01.39.45	
	16	1077	MM	Johan Davel	01.41.27	
	17	1052	MM	Kobus Slabber	01.43.43	
	18	1157	MM	J P Stofberg	01.44.02	
	19	1156	MM	Niklaas Davin	01.44.04	
	20	1099	MM	Earle Loxton	01.47.46	
	21	1100	MM	Mark Shrosbree	01.48.30	
	22	1139	MM	Deon Van Der Westhuizen	01.48.45	

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Category	Pos	No	Cat	Name	Time	Remarks
	23	1118	MM	Niel Steyn	01.49.02	
	24	1095	MM	Johann Conradie	01.49.04	
	25	1066	MM	David Hart	01.49.07	
	26	1109	MM	Stefan De Bod	01.49.09	
	27	1168	MM	Willie Lammerinks	01.51.15	
	28	1165	MM	Chris Loubser	01.51.47	
	29	1102	MM	Christiaan Groenewald	01.52.36	
	30	1166	MM	Thinus Meyer	01.52.38	
	31	1013	MM	Bryan Bamber	01.53.25	
	32	1087	MM	Christo Vermeulen	01.53.32	
	33	1123	MM	Peter Tucker	01.54.41	
	34	1090	MM	Christian Esthuyse	01.54.41	
	35	1080	MM	Wad Kitching	01.55.30	
	36	1143	MM	Grant Hendriks	01.55.50	
	37	1110	MM	A Murphy	01.55.52	
	38	1047	MM	Pierre Carstens	01.56.44	
	39	1164	MM	De Wet Le Roux	01.57.14	
	40	1149	MM	Eugene Bingle	01.57.26	
	41	1124	MM	Willem Landman	01.59.38	
	42	1093	MM	Dirk Cilliers	02.00.06	
	43	1158	MM	Brett Jakins	02.00.08	
	44	1147	MM	Stephan Du Toit	02.00.43	
	45	1151	MM	Thinus Bosch	02.01.49	
	46	1049	MM	Dale Clough	02.02.12	
	47	1073	MM	Callie Nel	02.03.29	
	48	1081	MM	Steven Smits	02.03.31	
	49	1162	MM	M Graham	02.04.52	
	50	1072	MM	Erik Van Dijk	02.06.02	
	51	1016	MM	Johan Du Toit	02.06.50	
	52	1163	MM	Conrad Gouws	02.07.07	
	53	1063	MM	Altus Viljoen	02.07.16	
	54	1148	MM	Andre Purdy	02.07.30	
	55	1144	MM	Peini Naude	02.08.54	
	56	1039	MM	Tom Roos	02.09.16	
	57	1021	MM	Daniel Van Dalen	02.09.17	
	58	1125	MM	Altus Jordaan	02.09.41	
	59	1027	MM	Jonathan Kellett	02.10.23	
	60	1134	MM	Arnold Kitshoff	02.10.47	
	61	1133	MM	Reinier Kitshoff	02.10.47	

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Category	Pos	No	Cat	Name	Time	Remarks
	62	1112	MM	Gerdus Vosloo	02.10.55	
	63	1141	MM	A Van Zyl	02.11.01	
	64	1025	MM	Aldo Visser	02.11.12	
	65	1137	MM	Evan Van Der Walt	02.11.13	
	66	1048	MM	Jan Nieuwoudt	02.11.43	
	67	1017	MM	Richard Strydom	02.12.03	
	68	1036	MM	Fraser Duvenhage	02.13.12	
	69	1070	MM	Robert Wilsdorf	02.13.29	
	70	1113	MM	Louis Pople	02.13.43	
	71	1106	MM	Dirk Louw	02.15.00	
	72	1155	MM	Johan Mouton	02.15.05	
	73	1111	MM	Alwyn Frylinck	02.15.09	
	74	1108	MM	Steyn Gerber	02.15.11	
	75	1145	MM	Pierre Laubscher	02.15.43	
	76	1089	MM	Hein Hanekom	02.16.22	
	77	1067	MM	Charl-Pierre Esterhuyse	02.16.53	
	78	1043	MM	Chris Van Niekerk	02.17.42	
	79	1044	MM	Cameron Smith	02.17.44	
	80	1161	MM	\M Ferreira	02.18.46	
	81	1084	MM	Andre Du Preez	02.22.35	
	82	1085	MM	Hannes Lourens	02.22.36	
	83	1132	MM	Armand Hunter	02.22.52	
	84	1023	MM	Carel Pretorius	02.24.01	
	85	1060	MM	Niel Smit	02.24.03	
	86	1062	MM	Frederick Smit	02.24.05	
	87	1030	MM	Steve Dyne	02.24.16	
	88	1031	MM	Carel Coetzer	02.26.06	
	89	1117	MM	Kenne Kotze	02.26.15	
	90	1065	MM	Henry Joubert	02.26.33	
	91	1138	MM	\Willy-John Kriel	02.26.35	
	92	1076	MM	Andre Carstens	02.26.37	
	93	1074	MM	Chris Viljoen	02.26.38	
	94	1068	MM	Theunis Van Dyk	02.26.59	
	95	1057	MM	Bjorn Botha	02.27.31	
	96	1037	MM	Murray Jooste	02.28.34	
	97	1069	MM	Jaco Van Niekerk	02.30.08	
	98	1028	MM	Anthony Boetcher	02.30.32	
	99	1024	MM	Howard Boetcher	02.30.35	
	100	1035	MM	Andre Viljoen	02.31.06	

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Category	Pos	No	Cat	Name	Time	Remarks
	101	1114	MM	Kobus Pietersen	02.31.34	
	102	1170	MM	Mario Inzadia	02.31.42	
	103	1169	MM	Carlo Immelman	02.33.51	
	104	1121	MM	J D Muller	02.36.47	
	105	1075	MM	Theunis Hattingh	02.37.02	
	106	1040	MM	Arie Roos	02.38.19	
	107	1105	MM	Johann De Bod	02.41.07	
	108	1152	MM	Piet Viljoen	02.42.36	
	109	1086	MM	Johannes Mostert	02.42.58	
	110	1088	MM	Darryl Hunt	02.43.43	
	111	1032	MM	Carel Jnr Coetzer	02.44.29	
	112	1064	MM	Danie Theron	02.49.06	
	113	1171	MM	Garth Mirkma	02.50.56	
	114	1120	MM	Werbner Greyling	02.58.13	
	115	1135	MM	Tim Price	02.58.55	
	116	1160	MM	Peter Visagie	02.59.44	
	117	1033	MM	Gert Van Niekerk	03.02.51	
	118	1101	MM	Anton Uys	03.10.16	
	119	1131	MM	Michael Lyons	03.18.50	
Category	Pos	No	Cat	Name	Time	Remarks
Women 15 km	1	82	WS	Emily Brink	00.43.04	
	2	6	WS	Jani Geyer	00.44.51	
	3	11	WS	Abigail Van Mater	00.47.07	
	4	115	WS	Jenni Stanford	00.52.22	
	5	55	WS	Zurike Nel	00.53.14	
	6	93	WS	Martinette Ferreira	00.55.01	
	7	1	WS	Sandra Pelling	00.56.14	
	8	8	WS	Jeanine Roodman	00.57.13	
	9	44	WS	Pia Carstens	00.59.58	
	10	4	WS	Liza Kemp	01.00.07	
	11	3	WS	Tamara Jacobs	01.00.25	
	12	14	WS	Madelein Nieuwoudt	01.01.01	
	13	99	WS	Denielle Mc Donald	01.01.07	
	14	2	WS	Monica Du Toit	01.01.54	
	15	92	WS	Susan Rossouw	01.01.56	
	16	7	WS	Beryl Strydom	01.02.02	
	17	114	WS	Lynn Stanford	01.02.52	
	18	107	WS	Brenda Van Schalkwyk	01.04.12	
	19	130	WS	Mickle Graham	01.04.42	

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Category	Pos	No	Cat	Name	Time	Remarks
	20	10	WS	Dereen Coetzer	01.05.30	
	21	12	WS	Hanlie Heyns	01.05.40	
	22	90	WS	Johlene Muller	01.07.46	
	23	140	WS	Lizel Malherbe	01.10.46	
	24	52	WS	Suasn Joubert	01.14.09	
	25	72	WS	Mariette Loxton	01.14.19	
	26	73	WS	Annalize Duvenage	01.14.20	
	27	78	WS	Mareli Rabie	01.19.17	
	28	77	WS	Lize-Mari Rabie	01.19.21	
	29	49	WS	Melanie Van Zyl	01.21.57	
	30	5	WS	Verena Bakker	01.25.23	
	31	121	WS	Sue Dixon	01.25.44	
	32	109	WS	Nina Du Toit	01.28.24	
	33	64	WS	Jeani Le Roux	01.28.26	
	34	110	WS	Tharine Du Toit	01.31.21	
	35	104	WS	Alme Du Toit	01.31.58	
	36	69	WS	Jesse Kruger	01.33.21	
	37	70	WS	Estie Kruger	01.34.45	
	38	119	WS	Stephanie Hofmeyr	01.35.01	
	39	120	WS	Karin Hofmeyr	01.35.02	
	40	42	WS	Katy Macdonald	01.35.45	
	41	9	WS	Sonique Smith	01.35.58	
	42	41	WS	Lucy Macdonald	01.46.09	
	43	43	WS	Imogen Macdonald	01.46.37	
	44	34	WS	Angie Dungee	01.58.16	
	45	1150	WS	Melanie Van Der Merwe	02.01.01	
Category	Pos	No	Cat	Name	Time	Remarks
<i>Men 15 km</i>	1	54	MS	Janlu Uys	00.34.35	
	2	33	MS	Stephan Nieuwoudt	00.35.10	
	3	45	MS	Nicol Carstens	00.36.25	
	4	46	MS	Guy Van Greunen	00.37.42	
	5	116	MS	Charl Bingle	00.38.25	
	6	111	MS	Willem Vermeulen	00.39.09	
	7	101	MS	F Hougaard	00.41.42	
	8	36	MS	Emile Van Rhyn	00.42.38	
	9	96	MS	Winel Pretorius	00.42.46	
	10	59	MS	Francois Van Wyk	00.42.46	
	11	53	MS	Heinrich Van Dyk	00.42.53	
	12	85	MS	Gerhard Du Toit	00.43.39	

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Category	Pos	No	Cat	Name	Time	Remarks
	13	79	MS	Louis Van Rensburg	00.44.26	
	14	123	MS	Johan Marais	00.44.59	
	15	81	MS	Eduard Snyman	00.47.34	
	16	80	MS	Heinrich Meyer	00.47.35	
	17	125	MS	Joahannes Esterhuizen	00.47.42	
	18	124	MS	Johannes Esterhuizen Snr	00.47.43	
	19	88	MS	Johan-George Muller	00.48.28	
	20	126	MS	Willem Muller	00.49.38	
	21	97	MS	Diaan Mulder	00.49.44	
	22	60	MS	Johann Trotzky	00.51.14	
	23	112	MS	Matt Stanford	00.52.04	
	24	89	MS	Daniel Muller	00.52.36	
	25	143	MS	Jordan Ferreira	00.53.22	
	26	38	MS	Christian Bosman	00.53.35	
	27	106	MS	Pieter Le Roux	00.53.58	
	28	91	MS	Deon Liebenberg	00.54.06	
	29	127	MS	J D Bothsa	00.54.45	
	30	128	MS	A J Bothas	00.54.47	
	31	30	MS	Jacques Slabbert	00.54.50	
	32	132	MS	K Ingold	00.56.00	
	33	83	MS	Fanie Coetzee	00.56.01	
	34	74	MS	Markus Duvenage	00.56.47	
	35	113	MS	George Stanford	00.57.48	
	36	100	MS	Keith Bettsworth	00.59.12	
	37	21	MS	Daniel Van Dalen	00.59.25	
	38	18	MS	Willem Van Dalen	00.59.34	
	39	98	MS	Francois Kemp	01.00.08	
	40	40	MS	Fergus Macdonald	01.00.46	
	41	131	MS	Jack Graham	01.01.13	
	42	58	MS	Johan Van Wyk	01.01.15	
	43	56	MS	Nicolaas Van Wyk	01.01.31	
	44	57	MS	Frans Van Wyk	01.01.33	
	45	103	MS	Daniel Meyer	01.01.36	
	46	63	MS	J P Le Roux	01.01.37	
	47	35	MS	Eugene Bosman	01.02.45	
	48	37	MS	Pierre Bosman	01.02.47	
	49	23	MS	Brian Leary	01.03.08	
	50	108	MS	Chris Van Schalkwyk	01.04.13	
	51	32	MS	Andrea Springer	01.05.47	

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Category	Pos	No	Cat	Name	Time	Remarks
	52	31	MS	Andreas Springer	01.05.56	
	53	17	MS	Craig Jacobs	01.07.14	
	54	62	MS	Lourens Le Roux	01.08.43	
	55	136	MS	David Engel	01.08.52	
	56	133	MS	Markus Elmau	01.09.15	
	57	139	MS	Francois Malherbe	01.10.47	
	58	145	MS	Dylan Bell	01.10.52	
	59	135	MS	Nathan Meyer	01.11.31	
	60	28	MS	Fuad Waja	01.12.50	
	61	75	MS	Ross Macdonald	01.12.59	
	62	76	MS	Andrew Macdonald	01.13.00	
	63	61	MS	Mannetjies Van Der Merwe	01.13.54	
	64	51	MS	Francois Joubert	01.14.05	
	65	134	MS	Justin Meyer	01.14.31	
	66	29	MS	Jean Slabbert	01.14.46	
	67	137	MS	Tiaan Bester	01.14.48	
	68	105	MS	Francois Du Toit	01.15.39	
	69	26	MS	Donre Smith	01.17.21	
	70	148	MS	Sarel Scheepers	01.18.02	
	71	149	MS	Renier Scheepers	01.18.09	
	72	50	MS	Jaco Van Zyl	01.21.58	
	73	144	MS	Bryan Bell	01.22.23	
	74	86	MS	Daniel Marais	01.23.42	
	75	129	MS	Roy Brink	01.23.42	
	76	122	MS	Greg Dixon	01.25.39	
	77	147	MS	Lionel Megaw	01.27.00	
	78	146	MS	Joshua Megaw	01.27.09	
	79	138	MS	Louis Loubser	01.29.56	
	80	141	MS	Loki Loubser	01.29.57	
	81	142	MS	Louis Loubser	01.29.59	
	82	87	MS	George Marais	01.30.35	
	83	66	MS	Melt Loubser	01.33.08	
	84	67	MS	Rudi Koen	01.33.10	
	85	65	MS	Heinrich Koen	01.33.11	
	86	68	MS	Mike Kruger	01.33.16	
	87	71	MS	Anton Kruger	01.33.23	
	88	47	MS	Jacques Van Lille	01.33.34	
	89	48	MS	Leon Van Lille	01.33.35	
	90	118	MS	J Hofmeyr	01.34.39	

Slanghoek Mountain 2 Mountain**Slanghoek Cellar****Final Results****10/Oct/09**

Category	Pos	No	Cat	Name	Time	Remarks
	91	117	MS	Karl Hofmeyr	01.34.40	
	92	25	MS	Etienne Smith	01.35.59	
	93	39	MS	Neil Macdonald	01.46.14	
	94	95	MS	Jandre Rabie	01.51.02	
	95	94	MS	Hugo Tangard	01.51.03	